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Louis Cornaro's Discourse on the Sober Life | Men & Women ...

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Luigi Cornaro - Wikipedia

Graham, Sylvester, 1794-1851: Discourses on a sober and temperate life : wherein is demonstrated by his own example, the method of preserving health to extreme old age / (New York : M. Day, 1833), also by Luigi Cornaro (page images at HathiTrust) Graham, Sylvester, 1794-1851: Eine vorlesung für junge männer über keuschheit. Zugleich warnungs ...

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